

FREQUENTLY ASKED QUESTIONS:

What should I wear?

Wear comfortable flexible clothing such as sweat / track pants and a sweatshirt or jacket. Don't forget your gloves or mittens, helmets are optional.

What if I miss a class?

Make up classes are available every week. Simply choose another class time that will fit your schedule and check in at the registration desk. Classes must be made up within the semester.

How will I know when it is time to move up in level?

Our Learn to Skate Program offers a continuous learning style in which skaters are evaluated and moved at their own pace. When you are ready to advance in level your instructor will submit an evaluation form and you will receive your badge at the registration table. You will advance to the next level at your next class. On average most skaters complete one level every 8-10 weeks. Skaters who practice more progress faster, so use the public skating passes included.

What is your refund policy?

We do not offer refunds for Learn to Skate classes. Should you choose to withdraw from classes, a rink credit will be issued for the remaining classes minus a \$20.00 service charge. The credit may be used for any service the rink provides. You must submit a letter of withdraw with the effective date to Kelly Desjardins, Skating Director.

Who do I contact if I have more questions or would like more information?

Kelly Desjardins, Skating Director
kelly@oilersicecenter.net 918-252-0011

GET TO KNOW OUR CLASSES!

SNOWPLOW SAM 1-4 (Ages 3-5) Discover, Learn, and Play

The Snowplow Sam levels are designed to help the preschool age skater develop preliminary coordination and strength necessary to maneuver on the ice. These levels allow preschool children to become comfortable on the ice.

BASIC SKILLS 1-6 (Ages 6 and up) Fundamentals

The "Basic Skills" are the fundamentals of the sport. These six levels of the program introduce the fundamentals moves: forward skating, backward skating, stops, edges, crossovers, three turns, and mohawks. Upon completion of all six levels, skaters will have the basic knowledge of the sport needed to advance to more specialized areas of the sport.

PRE-FREE SKATE - FREE SKATE 6

Each free skate level is comprised of a variety of progressive skating skills, transitions, spins and jumps — all of which build on the previous skill, providing skaters a strong foundation of all elements. These levels will be taught in a positive and interactive group format such as a bridge program, circuit classes or as an introductory training program. Instructors will focus on quality and mastery of skills.

ADULT 1-6 (Ages 17 and up)

The Adult curriculum is designed for both beginning and experienced adult skaters who wish to improve their skating skills. Participation in the program will help promote physical fitness and improve balance and coordination while teaching proper skating techniques. This is an exciting program for people who look to skating as an enjoyable part of a fit and healthy lifestyle.



Skate to a brighter future

The lessons learned in ice skating are also lessons in life. The confidence and joy you see your kids gain today will become the greatness your kids achieve in the world tomorrow.



